



I am resilient because

<p>I couldn't (What couldn't you do and why?)</p>	<p>So I (How did you overcome it?)</p>	<p>Now I can.... (What did you learn?)</p>
<p>I can't (What are you struggling with now?)</p>	<p>I am going to (How do you think you can overcome it?)</p>	<p>I will be able to (What will you have learned?)</p>