Hatchford Brook Elmdon

Timetable

September 2026

Funded by UK Government

Solihull Metropolitan Borough Council

Wherever you live in Solihull, we're here to support you

Family Hubs are local centres where children, young people, and families can access support and take part in fun activities! Our friendly staff and service providers work in partnership with you and your community to access the information and support you need. Some services offer drop-in sessions, whilst others require booked appointments. The Hubs are a safe space for you and your loved ones.

Morning

Monday	Tuesday	Wednesday	Thursday	Friday
Self-weigh baby clinic – 09:00-17:00 Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, text ChatHealth on 0750 733 2563 (Mon-Fri, 09:00-16:00) to receive a response from a health visitor within 24 hours. **Lactation consultant clinic – 09:30-13:00** An NHS service to help you with any infant feeding challenges you may be facing, including tongue-tie assessment and referral. Speak to your midwife, health visitor, or GP for referral to the Infant Feeding Team. By appointment only. **Mama's and Mini's exercise class – 09:30-11:00 Term time only** Bring your little ones with you to join in with a gentle postnatal exercise class. £3 per session. To book, message Kayleigh on 0738 031 4463. **Bradley's Promise information hub – 10:00-14:30 28 September** Are you a family member/carer of a young person aged between 16-25 years old with a life-limited condition of Duchenne Muscular Dystrophy or similar, in need of support or advice? Come along to our drop in. For more information contact Sarah Green on 07866 806672 or visit www.bradleyspromise.co.uk **Infant feeding support group – 10:30-12:00** An NHS service to help you with any infant feeding queries or challenges you may be facing. Or simply come along for the social aspect – to meet other mums and get a hot cup of tea! Book at https://linktr.ee/Solihull.IFT	**Newborn hearing screening clinic – 09:00-14:00** Booked appointments with the NHS Hearing Screening Team. **Health Visitor clinic – 09:00-12:00** Booked appointments with the health visiting team. Book by speaking to your Health Visitor. **Super SEN CIC – 09:30-12:00** **8 September** Drop-in session for parents to seek advice and support for children or themselves as adults with ADHD and/or Autism.	**Self-weigh baby clinic – 09:00-17:00** Do you want to get your baby weighed but don't need to see a health visitor? Come along, no appointment necessary. Any questions or concerns, text ChatHealth on 0750 733 2563 (Mon-Fri, 09:00-16:00) to receive a response from a health visitor within 24 hours. **Midwife clinic – 09:00-12:00** Booked appointments with the midwifery team. Book by speaking to your midwife. **Safe Space Solihull SEN support group – 10:00-12:00 23 September** Safe Space is a parent-run support group for parents in Solihull to have a friendly chat with people who can help with family life, schooling, and more. Homemade cakes and hot drinks available. Moms, Dads, Grandparents – all welcome. No need to book, just drop-in. **Community Development Team drop-in – 10:30-12:30 *9 September*** Whether you are part of an existing group, interested in starting one, find funding, volunteer, or connect with local support, feel free to join CDT team for a coffee and a friendly conversation. No appointments required so please pop in.	**Health Visitor clinic – 09:00-12:00** Booked appointments with the health visiting team. Book by speaking to your Health Visitor. **Newborn hearing screening clinic – 09:00-14:00** Booked appointments with the NHS Hearing Screening Team. **Little Owls group – 09:30-12:00** **Term time only** By referral only.	**Family Support Service drop-in – 09:00-12:00** Visit the Family Support Team for assistance with family needs such as parenting and additional support. No need to book, just drop-in. **Midwife clinic – 09:00-17:00** Booked appointments with the midwifery team. Book by speaking to your midwife. **Solihull College conversation club – 09:30-12:00** **Starting 25 September, term time only** Develop your English speaking, reading and writing skills, and improve your confidence with an ESOL course. To book, call Solihull College on 0121 678 7000 or Hub reception. **Solihull College sensory play – 09:30-12:00 Starting 25 September, term time only** Develop some new ideas for activities to engage your children with and to gain an understanding of how to support your child's development and learning through sensory play. To book, call Solihull College on 0121 678 7000 or via Hub reception.

Download the Solihull Family Hubs app!

Discover upcoming events, useful links, Hub details, and more. Now available in 20 languages on the Apple App Store and Android Google Play Store

Hatchford Brook, Old Lode Lane, Solihull, B92 8JE

Hatchford Brook Elmdon

Timetable

September 2026

Funded by UK Government

Solihull Family Hubs

Solihull Metropolitan Borough Council

Afternoon				
Monday	**Tuesday**	**Wednesday**	**Thursday**	**Friday**
Blossom and Belong – 13:00-15:00 **Term time only** An inclusive craft group for anxious girls aged 11-18 to socialise in a safe space. Parents and carers must stay. Session costs £2 per child in cash. To book, email blossomandbelongcic@gmail.com **Health Visitor clinic – 13:00-16:00** Booked appointments with the health visiting team. Book by speaking to your health visitor. **Solihull Healthy Active Lives session by Gro Health – 15:00-16:00** **Starting 14 September** Come along to find out more about the Gro Health programme. **Winnr Sports youth club – 17:30-19:00 Term time only** A youth club for children aged 7-12 for kids to socialise, explore their interests, and participate in a variety of activities, Book by visiting www.winnrsport.com or emailing info@winnrsport.com	**Health Visitor clinic – 12:00-17:00** Booked appointments with the health visiting team. Book by speaking to your Health Visitor. **Stay and play – 13:15-14:45** **From 8 September, term time only** Due to the popularity of the stay and play, there is currently a waiting list for this group. If you are not already registered, pop along to the Hub to complete a registration form and you will be contacted when a space is available. **Ordinary Magic sports academy – 17:30-20:15 Term time only** Inclusive Sports session for children and young people. To book, call 0774 371 3161 or email eva@inclusivesportsacademy.org	**Midwife clinic – 12:00-17:00** Booked appointments with the midwifery team. Book by speaking to your midwife. **Blossom and Belong cooking class – 13:30-15:00 Term time only** A cooking class for children aged 11-16 years who are home-educated. Learn a new culinary skill, develop independence in the kitchen, and explore foods from around the world. Each course will last 12 weeks and will have 8 spaces. Priority will be given to children who are known to the Connected Care Network, but all children and young people are welcome. To book, email blossomandbelongcic@gmail.com **Blossom & Belong – 17:00-19:00** **Term time only** An inclusive craft group for anxious girls aged 11-18 to socialise in a safe space. Parents and carers must stay. Session costs £2 per child in cash. To book, email blossomandbelongcic@gmail.com	**Early Intervention Service – 12:00-16:00** By referral only. Led by Birmingham and Solihull Mental Health NHS Foundation. **Young carers club – 17:00-21:00** **3 September** By referral only.	**Mama's and Mini's exercise class – 12:00-14:00 Term time only** Bring your little ones with you to join in with a gentle postnatal exercise class. £3 per session. To book, message Kayleigh on 0738 031 4463. **Talking Therapies – 12:00-15:30** By referral only. **Crochet club – 13:00-15:00** Are you interested in learning to crochet or are you a crochet master? Please bring along a ball of yarn and a hook. No need to book, just drop in! **Early Years music sessions – 14:00-14:30** Free, fun music sessions for children aged 0-5 delivered by Solihull Music. Book via the form or pop-in on the day! **Signpost Inclusion – 17:30-21:45 Term time only** A charity that provides SEND clubs to children, young people, and families. For more information, email vickiedawkins@signpostinclusion.org.uk

Wellbeing and advice

Best Start in Life
Advice and support for your child's development, from pregnancy to childcare to starting school – beststartinlife.gov.uk

Health visiting
Text Chat Health on 0750 733 2563 between 09:00-16:00, Monday-Friday

Women's Aid
If you or someone you know needs support, call 0808 800 0028 between 09:15-17:15

Mental health support
Call the BSOL Mental Health NHS Foundation Trust on 0800 915 9292 or 0121 262 3555

Midwives
Please call your midwife using the phone number in your red book

What else can the Family Hubs offer?

Here2Help
Food, toiletries, fuel, money, and staying well, visit www.solihull.gov.uk/here2help

Stay and play area
Toys, books, and soft play

Sensory room
To book, call 0121 704 6943

Computers and private work pods
Internet and phone access

Community wardrobe
Free clothing