

## FREE online Solihull Approach Parenting Courses

Solihull Approach online courses are FREE for ALL Solihull residents to gain knowledge, confidence and skills to support their parenting

A certificate can be downloaded once the course has been completed, although you don't have to do all the modules in one go - on returning to the website and signing in, your account will 'remember' where you have got up to.

### HOW TO ACCESS:

- Go to [www.inourplace.co.uk](http://www.inourplace.co.uk)
- Create an account using an email address & password
- Scroll down to choose a course
- Click on 'Already got a discount coupon?'

Select the relevant course:

- Understanding Your Child's Mental Health & Wellbeing
- Understanding Your Child
- Understanding Your Child's Feelings
- Understanding Your Teenager's Brain
- Understanding your child with additional needs
- Understanding Your Baby
- Understanding Your Pregnancy
- Understanding Your Relationships
- Understanding the Impact of the Pandemic on your child/teenager

Insert the access code – APPLEJACKS  
Click 'Apply coupon'



The courses work on laptops, PCs, smart phones and tablets.  
Please note: a modern browser is required  
(e.g. Google Chrome, Firefox, Explorer 10)

For any technical issues, please contact the Solihull Approach team on 0121 296 4448 or via email to

[solihull.approach@ucb.nhs.uk](mailto:solihull.approach@ucb.nhs.uk)

