

Upper Key Stage 2 Prayers



Morning Prayer

O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred
heart.

Grace Before Meals

Bless us, O Lord, and these your gifts
which we are about to receive from
your bounty.

Through Christ our Lord.

Amen

Grace After Meals

We give you thanks, Almighty God,
for all your benefits,
who live and reign, world without end.

Amen

Prayer at the end of the day

Lord Jesus Christ,
As we come to the end of this school
day,

Help us to reflect and to pray:
For the difficulties I have known, I
ask for your help.

For the blessings I have received; I
thank you.

May I seek to be an instrument of
your peace in my home today.

Each day is a gift.

May I look forward to a new start
tomorrow.

May the journey of my life be an
experience of your love,

your compassion,

your forgiveness

and your peace

Amen.

Prayer to the Holy Spirit

O Come, Holy Spirit,
fill the hearts of your faithful,
and kindle in them the fire of your love.
Send forth your Spirit and they shall be
created.
And you shall renew the face of the earth.
O God, who has taught the hearts of the
faithful
by the light of the Holy Spirit,
grant that by the gift of that same Spirit
we may be always truly wise
and ever rejoice in his consolation.

Amen.

The Magnificat

My soul glorifies the Lord,
My spirit rejoices in God, my Saviour.
He looks on his servant in her loneliness;
henceforth all ages will call me blessed.
The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.
He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.
He fills the starving with good things,
sends the rich away empty.
He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever.
Amen.

The Rosary

For each mystery or decade, one Our Father, ten Hail Marys and the Glory be is recited.

**The Joyful Mysteries (Recited
Monday and Saturday)**

**The Mysteries of Light (Recited
Thursday)**

**The Sorrowful Mysteries (Recited
Tuesday and Friday)**

**The Glorious Mysteries (Recited
Wednesday and Sunday)**

Prayer Concluding the Rosary

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Let us pray.

O God, whose only-begotten Son,
by his life, death and resurrection,
has purchased for us the rewards of eternal life,
grant, we beseech thee,
that meditating on these mysteries
of the most holy Rosary of the
Blessed Virgin Mary,
we may imitate what they contain
and obtain what they promise,
through the same Christ our Lord.

Amen