



manor adventure

**ACTIVITY COURSES
FOR THE
DEVELOPMENT OF YOUNG PEOPLE**

9th-13th February 2026

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Day	Session	ACTIVITY GROUPS				
		5	6	7		
Monday	3	-----Arrivals-----				
	4	S/Hunt	S/Hunt	S/Hunt		
	5	Zip Wire	B/Trail	B/Trail		
Tuesday	1	B/Trail	Zip Wire	Climb		
	2	O/course	Climb	Zip Wire		
	3	Canoe	Canoe	Canoe		
	4	Kayak	Kayak	Kayak		
	5	Disco	Disco	Disco		
Wednesday	1	Climb	BMX	Survival		
	2	Survival	Abseil	IE's		
	3	Abseil	Survival	Abseil		
	4	T/games	T/games	T/games		
	5	E/Walk	E/Walk	E/Walk		
Thursday	1	BMX	IE's	Quiz		
	2	IE's	Quiz	Orient		
	3	Archery	Archery	O/course		
	4	BMX	O/course	Archery		
	5	Orient	BMX	O/course		
Friday	1	Quiz	Orient	BMX		
	2	M / O	M / O	M / O		
	3	-----Departures-----				

A Typical Day at Manor Adventure

7.30am – Rise and Shine

8ish – Breakfast

9.00-10.30 – Activity 1

10.30 – 10.50 – Break

10.50 – 12.20 – Activity 2

12.20 – 1.40 – Lunch and Free Time

1.40 – 3.10 – Activity 3

3.10 – 3.30 – Break

3.30 – 5.00 – Activity 4

5.15 – 7.00 – Dinner and Free Time

7.00 – 8.30 – Activity 5

8.30 - Free Time

9.30 - Bed

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Blind Trail

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Abseiling



Orienteering

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Bike Skills



Video

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Obstacle Course

Zip wire



Climbing

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Canoeing and Kayaking

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Archery



Camping Skills

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Quiz



Bouldering

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There is some time to relax



Games

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Night walk

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Designer clothes get as dirty
as cheaper clothes



Survival

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Trip will be subsidised by PE & Sports Premium.

Cost £316.51, payments can be made in instalments.

Mrs Jones will set up the payment schedule on ParentPay.

Letters to follow with full payment details and staffing.