

The Walk, Scoot, Cycle Challenge



Solihull
METROPOLITAN
BOROUGH COUNCIL

21st to 25th October

Dear Parent/ Carer,

We would like to challenge families to travel sustainably by walking, scooting, cycling or, for families that live further away, parking at least 5 minutes away from school and walking the remaining journey.

The more families that travel to school sustainably the more we will reduce the amount of pollution outside school, meaning that the air that all our children breathe will be cleaner and less damaging to young lungs. It will also help to reduce traffic and improve road safety outside school.

Research has shown that children who walk to school concentrate better in class as well as being well on their way to reaching their recommended 60 minutes minimum of physical activity per day.

What do I need to do as a parent/carer? We would ask you to support your child/children so that they can travel actively to school and take part in this term's Walk to School week.

