



PSHE

INTENT

At St Augustine's, it is our intent that all children will be resilient 'lifelong learners' with high aspirations and a belief in themselves. We aim to support children to be emotionally literate with a good understanding of both their physical and mental health. Our vision is to help children to develop the qualities and attributes they need to thrive and play an active and positive role as individuals, family and parish members and both British and global citizens in an ever changing world.

IMPLEMENTATION

At St Augustine's we use Jigsaw – a whole school, progressive, spiral scheme of work. Jigsaw is a mindful approach to PSHE which integrates PHSE, emotional literacy and SMVSC (Spiritual, Moral, Vocational, Social, Cultural) development. We use 5 of the Jigsaw topics which are covered in every year group. These topics are Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me and Relationships.

EYFS - In the Foundation Stage, PSHE is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from the EYFS Framework (Specifically Self-Regulation, Managing Self & Building Relationships). The materials from the Jigsaw Scheme of Work are also used.

KS1 and KS2 - Whole class PSHE lessons take place weekly to explore the different themes. Themes are explored through strategies such as whole class and group discussion, role play and written reflections. These activities are recorded in a whole class journal. Each lesson also includes mindfulness to allow children to advance their emotional awareness. Pupils are encouraged to use the skills they are developing and to make links to other areas of learning.

RSE - Relationships and Sex Education (RSE) is taught using the TenTen Life to the Full curriculum, which has been approved by our diocese. The content set out in our programme covers relationships and health, including puberty. The National Curriculum for science also includes subject content in related areas e.g. life cycles.

Wider Curriculum - PSHE, including SMVSC and British Values, is an integral part of the whole school curriculum, and therefore may be taught within another subject area. Our school virtues underpin the day to day ethos of our school. They continually support the aim of our PSHE curriculum, for example, virtues such as being compassionate, curious and truthful. We challenge all of our pupils to look for opportunities to show the school virtues on a daily basis. Visitors such as emergency services also complement our PSHE curriculum to offer additional learning. We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. Whole school events such as Anti Bullying Week, Children's Mental Health Week and Remembrance Day reinforce and support the learning that takes place during PSHE lessons.

IMPACT

The impact of following this programme will be that the standards of attainment across the school will meet or exceed those which are expected of our children nationally. We regularly assess the implementation and impact of our PSHE curriculum in order to achieve the highest outcomes possible across all year groups and ensure we provide the support that is necessary for all children to achieve. PSHE data is collected across the school termly and qualitative data such as pupil voice is carried out regularly. By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.
- have positive self esteem