



St Augustine's Catholic Primary School

Head Teacher: Mrs J Foley



**We love and learn together by growing
in friendship with Jesus**

Friday 18th July 2025

Dear Parent/Guardian

Updates and reminders for September 2025

To ensure pupils can participate safely and effectively in PE lessons, physical activity at break/lunch, sporting events and any before or after school clubs and in line with the **Association for Physical Education (AfPE)** National guidance and our commitment to keeping all pupils safe during physical activity:

"Pupils must not wear any form of jewellery during PE lessons, sports clubs, or physical activity sessions".

This is because jewellery can pose a serious risk during physical activity, particularly in contact sports, gymnastics, and when using equipment.

During the academic year, there have been an increase in children coming to school wearing a range of jewellery items. Staff are not permitted to remove or tape jewellery for pupils. The taping over any item of jewellery is no longer considered safe practice as it does not sufficiently reduce injury risk. Pupils will not participate in PE lessons, if they are wearing any jewellery. Please come and speak to me, if your child is required to wear jewellery for religious purposes.

To avoid any confusion with PE days or sporting events, from September 2025, we are not allowing any form of jewellery to be worn into school.

We strongly recommend that **any new piercing takes place at the start of the summer holidays**, to avoid missing PE lessons during term time. Earrings can be put in overnight and removed each morning. For any pupils who do not comply and are unable to remove jewellery, they will not be able to participate in PE and will be given an alternative task.

It is also important for children to wear **appropriate footwear** on their PE days or for sporting events. AfPE states that correct footwear is essential to reduce the risk of slips, trips, and injuries. Poor footwear can also impact performance and movement during activities.

Correct footwear includes:

- Trainers (with correct level of support).
- Pumps for children in Nursery or Reception.
- Trainers should have velcro, unless children are capable of tying their own laces.
- For football fixtures (mainly KS2), footwear guidance is issued linked to the surface being played on and is included on the team letter (usually astro boots, trainers or moulds)

Footwear items that are **not permitted** for PE lessons include:

- Astro boots/trainers
- Converse
- Fashion trainers with thick soles or wheels



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

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There have been huge variations in PE kits, as items with logos are continuing to be worn into school. These are not part of school uniform. Standards are dropping with PE kits, as sometimes shorts cannot be seen, due to the t-shirt covering them, which is not appropriate. A reminder that boots, sandals, high heels or open-toed shoes are not permitted at any time, including non-uniform days.

In order to maintain our high standards for PE lessons, please ensure children wear the following:

- **Yellow t-shirt** (plain, no logos)
- **Navy shorts** (not black shorts or cycling shorts, plain, no logos)
- **Navy tracksuit bottoms** (not black or leggings, plain, no logos)
- **School jumper or school cardigan** (navy)

Coats/jackets

Our school uniform policy also has the following items to be worn:

- Black/Navy coat
- Navy blazer with the logo (optional)

To keep costs down for parents, the majority of our school uniform can be purchased at local supermarkets and department stores. We host second-hand uniform sales to aid with uniform expenses and this also supports our sustainability and LiveSimply Award. Uniform items that are essential or optional are detailed on the school website, which is compliant with Government guidelines and the upcoming Children's Well-Being and School bill.

[St Augustine's Catholic Primary School - Uniform Information](#)

Smart Phones

Over the last two years, we have seen an increase in our pupils bringing Smart Phones into school; this is predominately with our Year 6 cohorts, especially as parents wish for them to start walking home independently. However, having a smartphone in their hand, makes them a more vulnerable target. We have also seen that the overuse of mobile phones is impacting social and emotional development and the ongoing digital safety concerns.

From September 2025, we are adopting a **SmartPhone Free school**. We appreciate your support in fostering a focused, safe, and healthy learning environment for all students.

Thank you for supporting us in maintaining a smart, practical, and inclusive approach to PE and for maintaining our high standards with our school uniform. We look forward to seeing the improvements in September.

Yours Sincerely

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