



# St Augustine's Catholic Primary School

*Head Teacher: Mrs J Foley*



**We love and learn together by growing  
in friendship with Jesus**

Wednesday 10<sup>th</sup> September

Dear Parents/Guardians

**Portal to the Past Workshop – Anglo-Saxons Theatre Workshop**

Year 4's Autumn term topic is '*Anglo Saxons – How did the Anglo Saxons change life in Britain?*'

To support the curriculum this term, we have arranged for a visitor from 'Portals to the Past' to visit us in school on Tuesday 23<sup>rd</sup> September to run an Anglo-Saxon workshop for the children in Year 4. The workshop is an all day workshop taking place between 9.30am and 3.15pm.

To fully immerse the children in the day, they are invited to come dressed as an Anglo Saxon. This will be set as home learning for the next two weeks. (Please see the following pages with some suggestions of costumes.) **Therefore, the only homework aside from this will be Timetable Rock Stars and spellings until the workshop so that you can dedicate appropriate time to the outfit.**

The children will explore this period of history experiencing Saxon England, from the hierarchy and etiquette of the Lord's Hall, the language and the story of Beowulf, through to the burial of a Saxon king.

Part of our curriculum enrichment over the academic year involves trips off site and visitors into school. Please be aware that we have varying costs related to enrichment opportunities; some are free, some will be lower costs due to having a special visitor in school and others may be more expensive linked to travel and entry costs. We try our best to vary the experiences and opportunities for children across the school. Please note, with lower funding in schools, we are not able to subsidise as much as we used to. Therefore, if we do not receive sufficient financial support for these events, future activities/trips will need to be cancelled. We thank you in advance for your support with this.

A contribution of £11.00 is required to help cover the cost of the visitor and the children's workshop. If your child is entitled to Pupil Premium Funding, there will be no charge on ParentPay. Please provide permission for your child to be involved in the workshop, and if requested, to make the relevant payment through ParentPay before the day.

Yours sincerely

Mr C Cunningham  
Year 4 Class Teacher



**Our Lady and All Saints**  
Catholic Multi Academy Company  
Strong in Faith

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DRESSING AS SAXON WARRIORS



This is a group of Saxon Warriors. These were incredibly rich men.

They are wearing straight legged trousers in bright colours.

Underneath the chain mail, they are wearing tunics. All you need is an adult size "T" shirt in a bright colour. Wear a belt around your waist. Attach your seax with your name on it to the belt. Wear a cloak.

Chain mail can be made from onion bags sprayed silver. You can get onion bags from supermarkets or your local greengrocers.



**Home learning:** Please prepare a costume to wear for our Anglo Saxon day on Tuesday 23<sup>rd</sup> September.

## SHEILDs

Saxon shields can be round or kite shields.



You will need a **LARGE** Circle of thick, strong cardboard.

A long strip of strong cardboard and a round Yoghurt Pot. Some **long** split pins and paint.

Sticky tape to cover the split pins. Paint the yoghurt pot silver or grey.

Cut a hole, slightly smaller than your yoghurt pot in the back of your shield.

Paint your shield either plain colour or with designs. Push the yoghurt pot through the back of the shield to act as a shield boss to protect your hand.

Attach the long strip of cardboard across the middle of your shield, over the hole with the yoghurt pot in it, with the split pins.

Cover the ends of the split pins with tape or plaster.



A kite shield covers from your chest to just below your knees.



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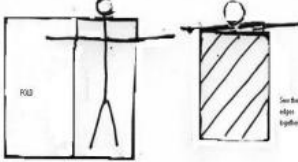


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**Dressing as Saxon Girls**

You will need a long underdress.

Make a peplos from an old sheet.



Look at the photo of the Saxon Women. Make your Saxon brooches and pin your peplos on your shoulders. Wear a belt around your middle.  
Hang your girdle hangers from the belt. Wear a cloak in winter.



Make your girdle hangers from cardboard and paint silver or grey. Write your Saxon name on them.



Saxon Brooches were usually round.  
Make two disc's of card. Decorate with pasta shapes.  
Paint silver or grey, or draw a design on the discs.  
Secure a large safety pin on the back of the brooch.  
String some beads between the brooches.  
Pin to your dress on the shoulders.

**SAXON HELMETS**



Saxon warriors would have been wearing this type of helmet at the Battle of Hastings; it's called a conical helm.  
To make a Saxon Helmet, you will need to measure around your head very carefully.  
Remember to write this measurement down.  
Then measure from the middle of your forehead over the top your head and from ear to ear. Using thin cardboard make a frame or cradle this size.  
Line your helmet with thin card and paint silver.  
Put a "nasal" or nose guard on your helmet.

These are copies of 6<sup>th</sup> century Saxon Helmets.



This is the Sutton Hoo helmet found in the boat burial of King Raedwald.




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### SAXON GIRLS' NAMES

AELGIFU	AELFLAED	EDITH
AETHELHILD	BEORHTWARU	ACHA
BREGUSWID	BURHED	ENFLED
CUTHBURH	CEOLWYN	QUOENBURG
CWEN	CYNWISE	EADGYD
EADLEOFU	EALHWYN	AEDILBERG
EMMA	GODGIFU	TATA
GYTHA	HERESWITH	BREGUSUID
HILDA	HROTHWARU	EADGYD
LEOFCWEN	LEOFGIFU	ENID
LEOFWEN	MILDBURH	HILDA
MODTHRYTH	OSTHRYTH	TORCTGYD
SAETHRYTH	SEAXBURG	ETHEL
WEALHTHEOW	WALBURGA	AGATHA
WINFLAED	WULFTHRYTH	ALFREDA

Make girdle hanger to hang from your belt.  
Choose a Saxon name to write on it.

Archaeologists do not really know what Girdle hangers were used for.

Girdle hangers are 15 – 20 cms long.

Make from cardboard, paint silver or gold.  
Write your Saxon name on your girdle hanger and attach your belt on a long piece of cord or string.



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### ANGLO-SAXON BOYS' NAMES

A Seax is the Saxon name for a knife. It can be short or long.  
Make yourself a SEAX from cardboard, no longer than 25 cms.



Choose a Saxon name and write it on your Seax.  
Attach to your belt.

AELFRIC	AELFRED	WELANDE
AETHELSTAN	BEOCCA	WIGLAF
BEORNULF	BRECA	WILFRID
CADDA	CENFERTH	WISTAN
CEOLRED	CYNEULF	WULFGAR
DUNSTAN	EADAID	WULFRIC
EADRIC	ERMENRED	WULFSTAN
FREAWINE	FRITHOWALD	YFFI
GODMANN	GODWIG	ATHELHERE
GRIMBOLD	HAROLD	AETHELM
HERERIC	HORSA	SABERT
HUNWALD	INGILD	STIGAND
OFFA	OSFRID	SWEFRED
OSWOLD	OSWYN	HENGEST
RAEDWALD	RICBERT	HAEDDE



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