



St Augustine's Catholic Primary School

Head Teacher: Mrs J Foley



**We love and learn together by growing
in friendship with Jesus**

Monday 7th September 2026

Dear Parents/Guardians

As we begin the new academic year, we would like to provide further information regarding our updated arrangements for PE lessons.

Following a review of our current arrangements, we identified challenges in ensuring consistency in PE kit and school uniform expectations across the school over recent years.

From **Monday 7th September 2026**, pupils will attend each day in their full school uniform and will change into their PE kit at school when they have a PE lesson.

Children are accustomed to changing clothes in school for sporting events, after-school clubs and performances. Reception children change independently as part of their daily routines, which supports the development of personal independence and self-care skills identified within the Early Years Framework. Changing for PE lessons for all year groups is therefore a natural extension of procedures that are already familiar and well established in school and returns to the arrangements that were once in place prior to the Covid-19 pandemic.

The change will bring a number of benefits, including:

- School uniform promotes a sense of belonging, pride and identity within our school community.
- Pupils are more focused and prepared for learning when dressed in their school uniform.
- Standards of concentration, behaviour and attitudes to learning are strengthened.
- Changing for PE creates a clear distinction between classroom learning and physical activity.
- It provides greater flexibility when adapting timetables. For example, if poor weather prevents an outdoor PE lesson from taking place, sessions can be rearranged more easily without the need for additional communication with families.
- Changing independently for PE helps children develop important life skills, including organisation, responsibility for their belongings and personal independence.

Children should bring their PE kit to school and keep it here during the week.

The PE kit should only include:

- Yellow round necked PE T-shirt
- Navy PE shorts
- Navy tracksuit bottoms (for colder weather)

To provide flexibility for families, children may continue to bring their trainers to school in their bag each day. This ensures that trainers are available for PE lessons, sporting events, off-site activities and personal use outside school.



Our Lady and All Saints
Catholic Multi Academy Company
Strong in Faith

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PE kits will be sent home regularly for washing to ensure children always have clean clothing available for lessons. Where possible, this may take place on a Friday so that items can be washed and returned the following week.

We appreciate parents may have questions about changing arrangements and we would like to reassure you that safeguarding, privacy and dignity remain our highest priorities.

The following measures will be in place:

- Children will change in areas that are appropriate to their age and stage of development.
- Older pupils will be separated appropriately when changing.
- Staff will supervise arrangements in accordance with the school's safeguarding policies and procedures.
- Pupils will be given sufficient time and support to change in a comfortable, respectful and dignified manner.

Our aim is to ensure that every child feels safe, secure and respected at all times.

Timetables across the school have been carefully planned to ensure that no learning time is lost. We recognise that children may initially take a little longer to change independently; however, experience shows that they quickly become more efficient and confident. In the longer term, these routines will further support children in developing independence and responsibility for themselves and their belongings. We also hope that it will assist with morning routines at home.

We appreciate your support in helping your child prepare for this change and ask that all PE kit items are clearly named and placed in any suitable bag on their peg/locker.

Thank you for your continued support and partnership. By working together, we can ensure that all children develop the confidence, independence and sense of responsibility that will support them throughout their school journey.

Yours Sincerely

Mrs Julie Foley

Head Teacher



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